

# Directory of Care and Services



**innovation**  
belongs in every moment

Rady  
Children's  
Hospital  
San Diego





## About Rady Children's Hospital-San Diego

**R**ady Children's Hospital-San Diego is the region's pediatric medical center serving San Diego, Imperial and southern Riverside counties, as well as children across the nation and around the world. As the only hospital in the San Diego area dedicated exclusively to pediatric health care and the region's sole designated pediatric trauma center, we provide care to more than 90 percent of the children in our community.

From the day we opened our doors as a 59-bed polio hospital in 1954, Rady Children's has aspired to offer excellence in pediatric health care in a family-centered healing environment – all with one guiding principle:

### ***innovation belongs in every moment.***

From the research lab to our patients' bedsides, Rady Children's brings a forward-thinking approach to all we do. We are consistently striving for excellence, seeking to advance and putting kids first.

Today, Rady Children's has 524 licensed beds, including 43 convalescent beds and a comprehensive network of outpatient and specialty clinics. Each year, we provide care to more than 245,000 children.

In affiliation with University of California San Diego School of Medicine, Rady Children's is also the region's teaching hospital for the next generation of pediatric physicians. Each year, more than 550 residents, 240 medical students and 150 fellows receive their training at the Hospital.

With more than 770 research studies underway, including more than 170 clinical trials, Rady Children's is a leading pediatric research hub as well. We collaborate with world-class institutions, including UC San Diego, Sanford Burnham Prebys Medical Discovery Institute, The Scripps Research Institute, Salk Institute for Biological Studies and St. Jude Children's Research Hospital.

Our commitment to medical excellence and innovation has been recognized through numerous national organizations and publications. For example, **U.S. News & World Report** has named us one of the "Best Children's Hospitals" in the country in all 10 specialties eight times since 2011. We have also achieved Magnet® recognition for the professionalism, teamwork and superior patient care our nursing staff advances.

*Please use this directory to learn about our innovative programs and services. For more information, visit [www.rchsd.org](http://www.rchsd.org).*

## **360 SPORTS MEDICINE**

**360sportsmedicine.org**

The 360 Sports Medicine Program is the only program to provide full-service care to young athletes in San Diego, southern Riverside and Imperial counties. From preventing and treating injuries to helping improve performance, patients can access a variety of services from a multidisciplinary care team comprising orthopedic surgeons, sports medicine specialists, concussion specialists, physical therapists, nutritionists and certified athletic trainers.

## **ADOLESCENT AND YOUNG ADULT MEDICINE**

Board-certified adolescent medicine specialists providing consultative medical services for the physical, emotional and social needs of young people from puberty to young adulthood (10 to 26 years of age). A wide array of services are offered including consultation and management for eating and nutritional disorders; trauma-informed reproductive health and non-surgical gynecology; and common mental health issues.

## **ALEXA'S PLAYC (Playful Learning Academy for Young Children)**

A unique early education program for children 18 months to 5, Alexa's PLAYC offers a warm, loving and inclusive environment for typically developing kids and those at risk for or diagnosed with an autism spectrum disorder. Alexa's PLAYC locations are open in Kearny Mesa and Murrieta.

## **ALLERGY & IMMUNOLOGY**

Comprehensive care for children with allergic immune disorders. Services include:

- Asthma & Allergy Clinic
- Eosinophilic Gastrointestinal Disorders Clinic
- Food Allergy Center
- Immunology Clinic
- Recurrent Fever Disorders Clinic
- Severe Asthma Clinic

## **ANESTHESIA**

Serves more than 20,000 children each year with an anesthesiologist onsite 24 hours per day. Anesthesia is available throughout the Hospital in its 16 main operating rooms; in four outpatient surgery suites, the cardiac catheterization suite, the invasive radiology suite and the oncology procedure suite; and for various radiology exams.

## **AUTISM DISCOVERY INSTITUTE**

Diagnostic evaluations, behavioral assessment and treatment, parent education, training and support, inclusion services, cognitive behavior intervention, social skills groups, and care coordination for children with autism spectrum disorders. Includes Alexa's PLAYC.

## **BALANCE DISORDERS**

Patient evaluations for potential referrals to the Division of Otolaryngology and/or the Audiology Department. Experts at the Richter Family Clinic for Balance Disorders conduct the following vestibular disorders tests:

- Videonystagmography
- Rotary chair
- Vestibular evoked myogenic potentials
- Video head impulse testing
- Computerized dynamic posturography

**BEHAVIORAL HEALTH** Visit [rchsd.org](http://rchsd.org) for eligibility criteria.

### ***Behavioral Health Urgent Care***

Rady Children’s Behavioral Health Urgent Care, offered at the Mid-City Urgent Care location, provides walk-in and short-term services for children, teenagers and their families struggling with urgent emotional and/or behavioral concerns that pose a risk to their safety or the safety of others, or that significantly impair their daily lives.

### ***Child and Adolescent Psychiatry Services (CAPS)***

The Child and Adolescent Psychiatry Services program is an inpatient unit for children and adolescents up to age 18 with psychiatric illness. Comprehensive psychiatric care is provided by a highly experienced team of specialists from UC San Diego School of Medicine and specially trained health professionals from Rady Children’s Hospital. Individualized services include medication management, behavioral programs, specialized therapies, dietary support and recreational therapy.

### ***Eating Disorders/Medical Behavioral Unit***

At the Eating Disorders/Medical Behavioral Unit, Rady Children’s Hospital and UC San Diego support children and adolescents with medical conditions accompanied by behavioral or psychological problems, including problems associated with eating disorders.

### ***Medical Social Work***

The Medical Social Work team is an important part of the multidisciplinary care received at Rady Children’s Hospital and its clinics. Social workers are available when patients/families experience social and emotional needs.

### ***Outpatient Psychiatry Clinic and School-Based Services***

Rady Children’s Outpatient Psychiatry Clinic and School-Based Services includes a full range of community-based behavioral health services for children, teenagers and transition-aged youth whose functioning is impaired by symptoms from a psychiatric diagnosis.

### ***Pediatric Psychiatry Consultation Liaison Service***

The Pediatric Psychiatry Consultation-Liaison Service provides inpatient psychiatric consultation, evaluation and treatment related to the psychological adjustment of children and families with acute and chronic medical and mental illnesses such as medical-psychiatric diagnoses, coping in the context of medical illness, organ transplantation, medical sequelae of a primary psychiatric disorder and chronic pain.

### ***Torrey Hills Outpatient Psychiatry***

Torrey Hills Outpatient Psychiatry provides child and adolescent psychiatrists and psychology specializing in the assessment and treatment of children and adolescents with a broad range of emotional and behavior difficulties.

## CANCER AND BLOOD DISORDERS

State-of-the-art clinical care and research along with psychosocial programs and resources at Peckham Center for Cancer and Blood Disorders. Services include:

- Blood and Bone Marrow Transplantation Program
- Bone Marrow Failure Program
- Cancer Genetics Clinic
- Comprehensive Sickle Cell Center
- Hemophilia and Thrombosis Treatment Center
- Integrative Medicine Program
- KYMRIAH: CAR-T Cell Therapy
- Long-Term Follow-Up/Thriving After Cancer Clinic
- Musculoskeletal Tumor Program
- Neuroblastoma Program
- Neuro-Oncology Program (see page 9)
- Neuropsychological Testing
- Nutrition Services
- Proton Therapy (see page 13)
- Solid Tumor Program

## CARDIOLOGY AND CARDIOVASCULAR SURGERY (See *Heart Institute* page 7)

### CENTER FOR GENDER-AFFIRMING CARE

Offers programs and services to support children and adolescents with gender dysphoria and related conditions.

### CENTER FOR HEALTHIER COMMUNITIES

A community resource for children's health and safety needs, which includes a Safety Store. Partners with organizations throughout the region to offer programs and services in the areas of injury prevention, nutrition and healthy lifestyles, obesity prevention, oral health, immunizations, tobacco exposure, and positive youth development.

### CENTER FOR HEALTHY SLEEP

Diagnoses and treats pediatric sleep disorders, including obstructive sleep apnea, obstructive and non-obstructive hypoventilation, central apnea, primary snoring, and disorders of hyperinsomnia.

### CHADWICK CENTER FOR CHILDREN & FAMILIES

Offers programs and services that support the prevention, identification, and treatment of abuse and trauma in children, as well as services for women affected by domestic violence. Initiatives include the Chadwick Growth Support Clinic, the Kids and Teens in Court Program, and the KidSTART Clinic (see page 5).

### CHILD LIFE SERVICES

Services to help patients and their families understand and cope with the hospital experience.

### CHILDREN'S HOSPITAL EMERGENCY TRANSPORT TEAM (CHET)

24-hour emergency transport services for neonatal and pediatric critical care patients.

### DENTAL SERVICES

Care for infants, children and adolescents with extensive dental disease or dentofacial surgical needs requiring treatment or surgery under general anesthesia. Includes more than 40 affiliated providers such as general and pediatric dentists, oral and maxillofacial surgeons, and consulting orthodontists.

## DERMATOLOGY

Comprehensive care for infants, children and adolescents with common and uncommon skin problems, as well as comprehensive research and clinical trial initiatives.

Services include:

- Eczema and Inflammatory Skin Disease Center
- Scar Treatment and Revision Program
- Vascular Lesion and Birthmark Center (including hemangiomas)

## DEVELOPMENTAL SERVICES

Identifies, evaluates and treats children with developmental delays, disabilities and injuries. Through intervention and treatment, the Developmental Services teams work to prevent secondary behavioral and developmental problems and help children reach their full developmental and functional potential.



**Alexa's PLAYC** (See page 1)

### **Audiology**

Diagnostic and rehabilitative services for children and adults, including diagnostic hearing tests, auditory brainstem evoked response testing, aural rehabilitation, and hearing aid and cochlear implant services.

**Autism Discovery Institute** (See page 1)

### **Children's Care Connection (C3)**

Services funded by First 5 San Diego for children 0 to 5, including developmental and social-emotional/behavioral screening and assessment, parent coaching, behavior consults and classes, and individual developmental treatment and classes. Part of the Healthy Development Services network in north central, north coastal, and south regions of San Diego County.

### **Developmental Evaluation Clinic**

Comprehensive diagnostic, developmental, psychological and neuropsychological evaluation services for infants, preschoolers and school-age children.

### **Developmental Screening and Enhancement Program**

Free developmental and behavioral services for children under 6 who enter the Child Welfare Services system in San Diego County. Services include developmental and social-emotional/behavioral screenings, long-term facilitated case management, and direct in-home interventions with children and caregivers, including individual child enrichment sessions, behavioral support services and infant massage.

### **Down Syndrome Center**

Multidisciplinary assessment and case management to improve the consistency of care for children with Down syndrome, serving as a resource to parents and professionals and strengthening the social network for families.

### **Feeding Team**

Evaluations and group intervention for children 1 to 12 with serious feeding problems, whether they refuse to eat or have extensive limitations in the type or texture of foods they will tolerate.

## **DEVELOPMENTAL SERVICES** *(continued)*

### **Healthy Development Services (HDS)**

First 5 San Diego-funded developmental and behavioral services for children 0 to 5 with mild to moderate delays. To be eligible, children must reside in San Diego County and have not yet entered kindergarten. Services include parent education workshops, vision and hearing screenings, behavior consultation in preschool/childcare settings, behavior therapy, and care coordination. C3 services are also part of the HDS program.

### **HealthySteps**

An evidence-based, interdisciplinary pediatric primary care program that ensures young children receive nurturing parenting and have healthy development.

### **High-Risk Infant Follow-Up Clinic**

Evaluation of the growth and development of infants and young children who are at risk for neurologic problems or developmental delays because of premature birth, low birth weight or other problems at birth.

### **KidSTART**

Services for children under 6 with complex developmental, mental health, medical and family needs. These include developmental and social-emotional/behavioral screenings to identify potential concerns, triage to determine level and complexity of need, assessment by a transdisciplinary team, and referral and treatment to ensure that children and caregivers receive the services they need. The KidSTART program includes the KidSTART Clinic, part of the Chadwick Center, and the KidSTART Center.



### **Occupational Therapy**

Services for children of all ages to develop their motor, cognitive, social and adaptive skills. These include evaluations, individual or group treatment programs, and caregiver education.

### **Physical Therapy**

Physical therapy evaluations and individual and group treatment for neurological, congenital, orthopedic and developmental problems from infancy through adolescence.

### **Speech/Language Pathology**

Evaluations and speech-language therapy for children with speech, language, cognitive, feeding and swallowing, and auditory impairments.

## **EMERGENCY CARE**

Offering 24/7 care, the Sam S. and Rose Stein Emergency Care Center at our main hospital is the only pediatric emergency care center and Level 1 pediatric trauma center in San Diego County. Rady Children's Pediatric Emergency Medicine Specialists are also available to Riverside County patients at Rancho Springs Medical Center in Murrieta.

## **ENDOCRINOLOGY/DIABETES**

Advanced care, leading-edge research, family education and resources, for children and adolescents with diabetes and diabetes-related conditions, thyroid conditions, adrenal disorders, growth problems, puberty development disorders, metabolic and bone disorders, endocrine disorders, gender-related issues, and differences in sexual development. Services include:

- Diabetes Clinic
- Differences of Sexual Development Clinic
- Center for Gender-Affirming Care
- Nutrition Clinic

## **FEEDING AND SWALLOWING SERVICES**

Clinical evaluations and therapy provided by occupational or physical therapists. Complex problems may be addressed by the Feeding Team (*see page 4*).

## **FETAL CARE PROGRAM**

Serves the complex needs of families facing rare fetal disorders in pregnancy and newborns with congenital abnormalities.

## **GASTROENTEROLOGY, HEPATOLOGY AND NUTRITION**

Comprehensive care for children and adolescents with gastroenterology disorders, liver disorders, inflammatory bowel disease, motility and functional disorders, obesity, peptic disorders, eosinophilic esophagitis, polyposis and colon polyps, and feeding difficulties. Services include:

- Aerodigestive Clinic
- Celiac Disease Clinic
- Center for Healthy Eating and Activity Research and Treatment (CHEAR)
- Colorectal Surgery Clinic
- Cystic Fibrosis/Gastroenterology Clinic
- Endoscopy
- Eosinophilic Gastrointestinal Disorders Clinic
- Fatty Liver Clinic
- Inflammatory Bowel Disease Center
- Neurogastroenterology and Motility Center
- Nutrition Clinic
- San Diego Intestinal Rehabilitation Focus Program
- Weight & Wellness Center

## **GENETICS/DYSMORPHOLOGY**

Clinical evaluation and genetic counseling for children with birth defects and/or genetic conditions. Services include:

- Craniofacial Disorders Program
- Cleft Palate Program
- Down Syndrome Center (*see page 4*)
- Prader-Willi Syndrome Clinic

## GENOMICS

Rady Children's Institute for Genomic Medicine is a nonprofit organization embedded within the Hospital. It is focused on using and innovating genomic sequencing to bring targeted therapeutic solutions to babies and children with rare genetic diseases.

## GIFT SHOP

Offers a variety of items including stuffed animals, balloons, activity kits, gifts, snacks and beverages. Proceeds benefit patient care.

## GYNECOLOGY

Support for the unique health needs of girls and teens through the Pediatric and Adolescent Gynecology Program. The program includes the my Acceptance, my Body and my Confidentiality, or ABC Clinic, which provides confidential reproductive health care services to male and female adolescents. Services can be funded through the California Family PACT Program, which can serve the needs of patients without third-party insurance or viable insurance options for reproductive care.

## HEART INSTITUTE

Integrates and coordinates programs within the Cardiology and Cardiovascular Surgery divisions to provide optimal care for infants, children and adults with congenital heart defects and advance understanding of congenital heart disease. The Heart Institute also serves patients with acquired heart disease, and conducts research and clinical trials in partnership with UC San Diego. Services include:

- Acute Cardiac Unit, which includes a cardiovascular intensive care unit and a cardiac step-down unit
- Adult Congenital Heart Disease Program
- Cardiac Neurodevelopmental Outcomes Clinic
- Cardiopulmonary Exercise Laboratory
- Cardiovascular imaging
- Diagnostic and interventional catheterization
- Electrophysiology
- Fetal Cardiology Program
- Heart Transplant Center
- Home Monitoring Program
- Inpatient care
- Kawasaki Disease Clinic
- Outpatient care
- Pulmonary Hypertension Program
- Single Ventricle Program
- Transitional Program



## HELEN BERNARDY CENTER FOR MEDICALLY FRAGILE CHILDREN (The Bernardy Center)

Skilled nursing and subacute residential facility for children and adolescents with multiple medical, physical and developmental delays. The Bernardy Center's interdisciplinary team includes its program director; physicians; licensed nurses; occupational, physical and recreational therapists; a dietitian; a social worker; and certified nursing assistants. Parents and guardians are also heavily involved, and the center further supports its residents with a San Diego Regional Center service coordinator and a San Diego Unified School District teacher.

## **HEMOCARE**

The only pediatric-exclusive home infusion pharmacy and home health agency in Southern California, serving patients in San Diego and Riverside counties. HomeCare practitioners coordinate with each child's care team to address their unique needs, and services have been shown to reduce risk for hospital readmission. In addition to broad home infusion services, services include:

- Nurse assessments
- Medical social work
- Rehabilitation therapy
- Phototherapy
- Post-hospitalization and emergency room transition
- Patient and parent education for chronic illness management
- Ostomy and wound care
- Palliative care

## **HOSPICE CARE**

This collaborative effort between Rady Children's and The Elizabeth Hospice provides compassionate care to infants, children and adolescents with life-threatening illnesses who wish to be cared for at home.

## **INFECTIOUS DISEASES**

Diagnosis, management and prevention of serious, complicated or unusual infections in children, as well as comprehensive basic and clinical research. Services include:

- Inpatient and outpatient consultation
- Specialized laboratory testing and interpretation of results
- Outpatient Parenteral Antibiotic Therapy Clinic

## **INTERNATIONAL SERVICES**

Coordinates care and services for families traveling to Rady Children's from outside of the San Diego region. The International Services team works directly with departments throughout the Hospital to ensure a streamlined health care experience that begins here and continues back at home.

## **LABORATORY SERVICES/PATHOLOGY**

Evaluations for disease, infection and abnormalities within cells, tissues and body fluids. Rady Children's is home to the only group of pathologists focused solely on pediatric pathology in San Diego County.

## **MATERNAL-FETAL MEDICINE**

Specialists at San Diego Perinatal Center, the Maternal-Fetal Medicine Division of Rady Children's Specialists of San Diego, provide state-of-the-art care for pregnant women and their babies. Services include the following:

- Diabetes in Pregnancy Program
- Maternal Transport Program
- Perinatal consultations
- Prenatal diagnosis
- Preterm birth prevention

## **METABOLIC & MITOCHONDRIAL MEDICINE**

The only clinical program devoted to the care of children with metabolic and mitochondrial diseases serving San Diego, Imperial and Riverside counties. Patients are also referred from other states, Canada and overseas.

## NEONATOLOGY/NEONATAL INTENSIVE CARE UNITS

Neonatal intensive care unit (NICU) with 60 beds and Level 4 distinction, the highest designation from the American Academy of Pediatrics, at the main Rady Children's Hospital. Services include:

- Cardiac surgery
- Extremely Low Birthweight Program
- Neuro-NICU Program
- Pediatric general surgery
- Extracorporeal membrane oxygenation (ECMO)
- High-Risk Infant Follow-Up Clinic (see page 5)
- Patient consultations via telemedicine robot
- Transport services (see CHET, page 3)

Rady Children's also operates community NICUs at Scripps Memorial Hospital La Jolla, Scripps Memorial Hospital Encinitas, Scripps Mercy Hospital Chula Vista, Scripps Mercy Hospital San Diego, Rancho Springs Medical Center in Murrieta and Palomar Medical Center Escondido (See page 17).

## NEPHROLOGY

Multidisciplinary care for infants, children and young adults up to 21 with kidney disease through the Comprehensive Kidney Care Center. Services include:

- Acute hemodialysis (inpatient)
- Acute peritoneal dialysis (inpatient)
- Apheresis
- Continuous renal replacement therapy
- Dialysis Clinic
- Hypertension/Obesity Clinic
- Infusion Center
- Joint Rheumatology/Nephrology Clinic (lupus)
- Kidney Transplant Clinic
- Kidney Transplant Program
- Nephrology/Chronic Kidney Disease Clinic
- Stone Clinic (Urology Division partnership)



## NEUROLOGY

Skilled, technology-driven care for infants, children and teens with conditions or injuries of the nervous system. Research aimed at improving diagnosis and therapies, especially for difficult-to-treat conditions, is also a focus. Services include:

- Angelman Syndrome Clinic
- Cerebrovascular Clinic
- Comprehensive Epilepsy Center
- Electroencephalogram/electromyogram (EEG/EMG)
- Multidisciplinary Neuromuscular Clinic
- Neuro-Metabolic Clinic
- Neuro-NICU Program
- Neuro-Oncology Clinic
- Pediatric Multiple Sclerosis Center
- Rett Syndrome Clinic
- Tic/Tourette Center
- Tuberous Sclerosis Complex Clinic

## NEUROSURGERY

Pre-operative evaluation, surgical intervention, and pre-operative and post-operative care for disorders of the brain, spine, calvarial vault and peripheral nerves. With an emphasis on minimally invasive procedures, experts address conditions including epilepsy, hydrocephalus, brain and spinal cord tumors, cerebrovascular malformations, peripheral nerve and brachial plexus injuries, craniofacial disorders, and traumatic injuries.

Services include:

- Bloodless surgery
- Brachial Plexus Clinic
- Brain Tumor Program
- Endoscopic craniotomy for craniofacial anomalies
- Keyhole craniotomy and concurrent endoscopy
- Laser surgery for epilepsy
- Minimally invasive robotic surgery
- Neural Tube Defects Clinic
- Neurosurgical integration of computer-based technologies
- Proton Therapy (see page 13)
- Vascular Program

## NEWBORN SCREENING PROGRAM

Meets California requirement that all newborns be screened for a variety of metabolic, endocrine and hemoglobin disorders, as well as additional genetic diseases. Rady Children's has been designated by the California Department of Public Health, Genetic Disease Screening Program as an Area Service Center for San Diego, Imperial, Riverside and Orange counties. As such, we follow up on positive newborn screens; inadequately and early collected specimens; and infants with missing results, whose specimens were not obtained or who were born outside of a birthing facility.

## NUTRITION CLINIC

Nutrition counseling for a variety of conditions and needs. Patients receive a nutritional assessment and individualized education from registered dietitians who are experienced working with infants, children and teens. Key areas addressed include celiac disease, diabetes and carbohydrate counting, eating disorders, food allergies and intolerances, heart-healthy nutrition and high cholesterol, tube feedings, ketogenic diets, vegetarian diets, and weight management and obesity.

## OPHTHALMOLOGY

Comprehensive eye care for infants, children and adolescents, as well as strabismus and double vision treatment for adults. Along with our ophthalmologists, we have a certified orthoptist and optometrist, all of whom can see patients at our main campus and satellite locations in Escondido, Encinitas, Murrieta and San Diego. For eyeglass needs, our Optical Shop, with main campus, Escondido and Murrieta locations, offers one of the largest selections of pediatric frames in the region.



## ORTHOPEDICS & SCOLIOSIS

State-of-the-art care focused on the unique musculoskeletal needs of growing children and adolescents. At the Orthopedics & Scoliosis Center, renowned pediatric orthopedic specialists treat the full range of orthopedic disorders and conditions, including traumatic injuries. Services include:

### **Centers of Excellence**

- 360 Sports Medicine
- Cerebral Palsy Center
- International Center for Hip Disorders

### **Other Services**

- Acute Injury Clinic
- Brachial Plexus Clinic
- Clubfoot Clinic
- Hand Clinic
- Limb Deficiency Clinic
- Lower Extremity Alignment Clinic
- Orthopedic Injury Clinic (*for urgent injuries*)
- Spinal Defects Clinic
- Spine Screening Clinic
- Toenail Clinic

## OTOLARYNGOLOGY

Complete diagnostic exams and all forms of corrective and reconstructive surgery for newborns, children and adolescents with ear, nose, throat, neck and airway problems. Practitioners also address complex disorders such as congenital and acquired hearing loss; chronic sinusitis; and communication, speech and voice disorders. Services include:

- Aerodigestive Clinic
- Audiology and hearing assessment (*see page 4*)
- Complex Sleep Apnea Program including the Center for Healthy Sleep (*see page 3*)
- Hearing Clinic
- Microscope otoscopy
- Rhinoplasty Clinic
- Speech Endoscopy Clinic
- Surgeries ranging from routine procedures, such as tonsillectomies, to reconstructive procedures, such as cochlear implants
- Video flexible laryngoscopy

## PAIN SERVICES

Compassionate pain care through Acute Pain Service, an inpatient consulting program, and the Children's Specialized Hospital Chronic Pain Management Program at Rady Children's Hospital-San Diego, an inpatient chronic pain program.

### **Customer Service and Referral Center 800-788-9029**

The Customer Service and Referral Center assists families and physicians seeking access to Rady Children's and affiliated physicians. In addition, they provide information on programs and resources available to keep children healthy and safe. The Customer Service team will also take compliments or concerns regarding services provided by Rady Children's.



## **PEDIATRIC HOSPITAL MEDICINE**

Hospital-based care for children and adolescents at Rady Children’s Hospital and Sharp Grossmont Hospital. Physicians apply a broad range of medical knowledge and expertise to supporting the healing process and overall well-being, and serve as a resource to all community primary care physicians who require or prefer hospital-based coverage for their patients.

## **PEDIATRIC SURGERY**

Comprehensive surgical care of infants, children and adolescents for conditions as common as appendicitis and hernias to complex congenital conditions, traumatic injuries and tumors.

## **PHARMACY SERVICES**

A full-service family pharmacy offering prescription services to pediatric patients, as well as adults.

## **PLASTIC SURGERY**

Internationally recognized treatment of complex craniofacial disorders and functional problems with the jaw and airway.

## **PROTON THERAPY**

Advanced proton beam therapy available to our patients in collaboration with California Protons. We are the only program in California to offer the most advanced proton therapy for pediatric brain and central nervous system tumors.

## **PULMONARY/RESPIRATORY MEDICINE**

Care of infants, children and teenagers with pulmonary and respiratory diseases, providing inpatient and outpatient services for the full spectrum of breathing problems. Services include:

- Asthma Disease Management Program
- Aerodigestive Clinic
- Bronchopulmonary Dysplasia Clinic
- Center for Healthy Sleep, including the Complex Sleep Apnea Program (see page 3)
- Cystic Fibrosis Center and Cystic Fibrosis Transition Program
- Diffuse Lung Disease Program
- Flexible bronchoscopy
- Mechanical ventilatory support
- Outpatient pulmonary function tests
- Positive Airway Pressure Clinic
- Severe Asthma Clinic
- Tracheostomy care
- Ventilator-dependence Program

## **RADIOLOGY**

Comprehensive imaging services, including the following:

- Angiography
- Bone densitometry
- Computed tomography (CT)
- Diagnostic X-Rays
- EOS (orthopedic imaging)
- Fluoroscopy
- Interventional radiology
- Magnetic resonance angiography
- Magnetic resonance imaging (MRI)
- Nuclear medicine with single photon emission CT
- Ultrasound with doppler applications



## RADY CHILDREN'S SPECIALISTS OF SAN DIEGO

Rady Children's Specialists of San Diego is the ambulatory medicine division for the Hospital. RCSSD physicians provide highly specialized care in more than 30 subspecialties to infants, children, adolescents and high-risk pregnant women.

## REHABILITATION MEDICINE

Inpatient rehabilitation services for children and adolescents who have a variety of physical and cognitive issues. The division also oversees or is an integral part of the following outpatient clinics:

- Acquired Brain Injury Clinic
- Amputee Medicine Clinic
- Botulinum Toxin Clinic
- Brachial Plexus Clinic
- Cerebral Palsy Center
- Chronic Pain Clinic
- Electrodiagnostics Clinic
- Intrathecal Baclofen Pump Clinic
- Limb Deficiency Clinic
- Muscle Disease Clinic
- Neuro-Oncology Comprehensive Clinic
- Orthopedics & Scoliosis Center
- Plagiocephaly Clinic
- Spinal Defects Clinic
- Torticollis Clinic



## RHEUMATOLOGY

Multidisciplinary care for children with the full spectrum of pediatric rheumatology diseases, including arthritis, lupus, dermatomyositis, vasculitis, scleroderma, uveitis and fibromyalgia.

## SLEEP CENTER *(See page 3)*

## SPECIAL NEEDS CLINIC

Comprehensive, compassionate and culturally sensitive care for medically fragile children with complex health care needs.

## SPIRITUAL CARE

Spiritual support and resources for patients and families, honoring each person's faith traditions and spiritual perspectives.

## SUPPORTIVE CARE/PALLIATIVE MEDICINE

An extra layer of support for children and families managing a serious medical diagnosis or trauma. Care is designed to provide continuity, coordination and comprehensiveness that is tailored to each individual served.

## TRAUMA CENTER

The San Diego region's only Level 1 Pediatric Trauma Center, which is the highest designation for trauma care. Our main hospital provides pre-hospital care, resuscitation and stabilization, surgical intervention, inpatient critical care and specialty care, rehabilitation and outcome analysis, and injury prevention initiatives.

## UROLOGY

Care for routine and rare urinary and genital disorders in infants, children and adolescents. Services include:

- Continence Center/2-B-Dry Program
- Differences of Sexual Development Clinic
- Stone Clinic

## Main Campus

### Rady Children's Hospital-San Diego

3020 Children's Way  
San Diego, CA 92123  
858-576-1700



**Additional Outpatient Locations for Rady Children's Care and Services** (select services are available at certain locations)

## Urgent Care

### Chula Vista

386 E H St  
Chula Vista, CA 91910

### Escondido

625 Citracado Parkway, Suite 100  
Escondido, CA 92025

### La Mesa

5565 Grossmont Center Drive  
Building 2, Suite 2  
La Mesa, CA 91942

### Mid-City (includes Behavioral Health Urgent Care)

4305 University Avenue, Suite 150  
San Diego, CA 92105

### Murrieta

25170 Hancock Avenue, 1st Floor  
Murrieta, CA 92562

### Oceanside

3605 Vista Way, Suite 172  
Oceanside, CA 92056

## Specialty Services

### Brawley (Opening mid/late 2020)

751 W. Legion Road  
Brawley, CA 92227

### Chula Vista

386 E. H Street, Suite 202  
Chula Vista, CA 91910

333 H Street, Suite 3010  
Chula Vista, CA 91910

### Encinitas

477 El Camino Real  
Building D, Suite 302  
Encinitas, CA 92024

### Escondido

625 Citracado Parkway  
Escondido, CA 92025

### Murrieta

Murrieta Medical Plaza  
25170 Hancock Avenue  
Murrieta, CA 92562

### Rancho Springs Medical Center

25500 Medical Center Drive  
Murrieta, CA 92562

### Oceanside

3605 Vista Way  
Oceanside, CA 92056

2204 El Camino Real, Suite 102  
Oceanside, CA 92054

### San Diego

3665 Kearny Villa Road  
San Diego, CA 92123

### Torrey Hills

11752 El Camino Real, Suite 100  
San Diego, CA 92130

## Additional Inpatient Locations for Rady Children's Care and Services

### NEONATAL INTENSIVE CARE UNITS

#### ***Rady Children's at Palomar Medical Center Escondido***

2185 Citracado Parkway  
Escondido, CA 92029

#### ***Rady Children's at Rancho Springs Medical Center***

25500 Medical Center Drive  
Murrieta, CA 92562

#### ***Rady Children's at Scripps Memorial Hospital Encinitas***

354 Santa Fe Drive  
Encinitas, CA 92024

#### ***Rady Children's at Scripps Memorial Hospital La Jolla***

9888 Genesee Avenue  
La Jolla, CA 92037

#### ***Rady Children's at Scripps Mercy Hospital Chula Vista***

435 H Street  
Chula Vista, CA 91910

#### ***Rady Children's at Scripps Mercy Hospital San Diego***

4077 5th Avenue  
San Diego, CA 92103

### NEONATAL INTENSIVE CARE SERVICES

#### ***Pomerado Hospital***

15615 Pomerado Road  
Poway, CA 92064

#### ***Jacobs Medical Center at UC San Diego Health***

9300 Campus Point Drive, 8th Floor  
La Jolla, CA 92037

### PEDIATRIC AND HOSPITAL MEDICINE

#### ***Sharp Grossmont Hospital***

5555 Grossmont Center Drive  
La Mesa, CA 91942



Rady Children's complies with applicable state and federal civil rights and non-discrimination laws. See <https://www.rchsd.org/patients-visitors/summary-notice-of-nondiscrimination> for additional information regarding our policies. Language assistance services, free of charge, are available to our patients and visitors. Call **858-966-4096** / TDD: **858-627-3002** for more information.

## Access to Care: Types of Visits

Rady Children's patients are usually seen in person via a face-to-face visit with the provider. However, there may be times when remote health care visits (telemedicine) will be offered via video or phone consultation.



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To find out more about our programs,  
please visit **[www.RCHSD.org](http://www.RCHSD.org)**.



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