

# Infants' Digestive Health

## Let's talk **probiotics**



### What are probiotics?

We often think of bacteria as “bad” and disease-causing. But probiotics are “good” bacteria that, when taken daily, can have health benefits—especially for the digestive and immune systems.

### How do probiotics work?

Probiotics can boost the gut's levels of good bacteria to help balance harmful bacteria that may cause digestive problems.

### Is my baby too young for probiotics?

No. In fact, infancy may be one of the most important times for probiotics because a healthy microbial balance in the intestines in early infancy is crucial to overall health.

**New!**

### About *Infants' Mylicon® Daily Probiotic Drops*

#### What kind of probiotic is it?

Featuring one of the world's most studied bacteria strains, **Infants' Mylicon Daily Probiotic Drops** promote healthy digestion, support immune function, and replenish good bacteria that have been depleted through antibiotic use.\* Plus, this formulation has been clinically shown to reduce excessive crying and fussiness associated with colic.

#### How do I give it to my baby?

Give your baby 6 drops daily. You can apply it directly on your nipple, add it to a bottle of formula or breast milk, or dispense it with a spoon.

#### Does it contain herbal supplements?

No. There are no herbal ingredients in this formulation.

#### Does it contain gluten or nuts?

No. This probiotic has no wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts, or tree nuts. It is a non-GMO product.



Use only as directed.

**Infants' MYLICON®**  
Liquid Probiotic Supplement

**Infants' Mylicon  
Daily Probiotic Drops  
do not contain simethicone**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Find out more at  
**Mylicon.com**

See back for frequently asked questions (FAQs) ►

# Infants' Mylicon<sup>®</sup> Daily Probiotic Drops FAQs

**Q. How is Mylicon different from other probiotic drops?**

**A.** It is formulated with one of the most researched probiotic strains, *bifidobacterium animalis sub-species lactis*. This probiotic strain has an established history of safety and beneficial use.

**Q. Can I use the drops to treat a colicky baby?**

**A.** Yes. When used daily, Mylicon Probiotic Drops have been clinically shown to reduce excessive crying and fussiness associated with colic.

**Q. Are Mylicon Probiotic Drops safe?**

**A.** Yes. Mylicon Probiotic Drops are safe when used as directed.

**Q. When can my baby start taking the drops?**

**A.** Mylicon Probiotic Drops can be used by newborns and older infants. If your child was born prematurely, consult your pediatrician before use.

**Q. What is the dosage?**

**A.** Give your baby 6 drops daily.

**Q. How do I give my baby the drops?**

**A.** You can add the drops to a bottle of formula or breast milk, mix them with cool water, dispense them with a spoon, or drop them directly into your baby's mouth. Do not microwave or mix the drops with hot water.

**Q. Can I give the drops to my baby if I breastfeed?**

**A.** Yes. You can apply the drops directly to your nipple while breastfeeding.

**Q. Can the drops interact with other medications?**

**A.** If your baby takes any other medications, consult your child's doctor or pharmacist before using.

**Q. What should I do if my baby gets more than the recommended dose?**

**A.** Please consult your pediatrician if baby received more than 6 drops in one day.

**Q. Do Mylicon Probiotic Drops contain nuts, wheat, or gluten?**

**A.** No. They do not contain any peanuts, tree nuts, wheat products, or gluten.

**Q. Do they contain lactose, milk, milk derivatives, or any animal by-products?**

**A.** No. While the product does not contain any dairy-derived ingredients, it is produced in a facility that also handles dairy ingredients.

**Q. Do they contain dyes or artificial flavors?**

**A.** No. They do not contain any dyes or artificial flavors.

**Q. Do they contain sugar or alcohol?**

**A.** No. They do not contain any sugar or alcohol.

Infants'  
**MYLICON<sup>®</sup>**  
Liquid Probiotic Supplement

Find out more at [Mylicon.com](https://www.Mylicon.com)

# Children's Upset Tummy Relief

## Relieving common tummy troubles

and tips for preventing them



**Does your child have an upset tummy due to bloating, gas, or discomfort from acid indigestion or overeating?**

### Try Children's Mylicon® Tummy Relief for Kids

- Multi-symptom relief for children ages 2-11
- Great-tasting, fast-acting chewable tablets

### Tips to prevent upset tummy:

- If your child has had acid indigestion repeatedly, try giving several smaller meals throughout the day instead of 3 large ones
- Avoid high-fat foods
- Teach your child to eat slowly, in a seated position. Rushing can make your child swallow air, which leads to gas that causes bloating and pressure



Use only as directed.

Find out more at  
**Mylicon.com**

See back for frequently asked questions (FAQs) ►

# FAQs for Children's Mylicon® Tummy Relief for Kids

**Q. When should I use this product for my child?**

**A.** Children's Mylicon® Tummy Relief treats gas, upset tummies, and discomfort from acid indigestion and overeating.

**Q. What are the active ingredients?**

**A.** Children's Mylicon® Tummy Relief contains two key ingredients: the #1 doctor recommended anti-gas ingredient, simethicone, and an antacid, calcium carbonate.

**Q. How does it work?**

**A.** For fast relief of gas-related discomfort, the anti-gas ingredient gently breaks down air bubbles trapped in your child's stomach and intestines. To relieve heartburn and indigestion, the antacid quickly neutralizes stomach acid.

**Q. How is this product different from other children's antacid products?**

**A.** This is a *multi-symptom* formula. Other children's antacids do not address the painful symptoms caused by gas.

**Q. Is my child old enough for this product?**

**A.** Children's Mylicon® Tummy Relief is specially formulated for children ages 2 to 11. See the package label for dosing based on age and weight.

**Q. Can this product interact with other medications?**

**A.** If your child takes any other medications, you should consult your child's doctor or pharmacist first. This product may interact with certain prescription medicines.

**Q. Does Children's Mylicon® Tummy Relief contain nuts, wheat, or gluten?**

**A.** No, it does not contain any peanuts, tree nuts, wheat products, or gluten.

**Q. Does it contain lactose, milk, or any milk derivatives?**

**A.** No, it does not contain any dairy or dairy derivative products.

**Q. Does it contain preservatives, dyes, or artificial flavors?**

**A.** It uses only preservatives, dyes, and artificial flavors that are safe and approved for use in food and drug products.

**Q. Does it contain sugar?**

**A.** It contains small amounts of dextrose and sucralose to help improve flavor.

Children's  
**MYLICON**®  
Antacid/Antigas

Find out more at [Mylicon.com](https://www.Mylicon.com)

# Infants' Gas Relief



Recommend Mylicon® for  
**safe and effective  
infant gas relief**



**Mylicon®**

Gently breaks down gas bubbles, helping a baby's natural process of getting rid of gas

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Active ingredient is not absorbed in bloodstream

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May be used for the newest of newborns and infants of all ages

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Can be used at every feeding, up to 12 times per day

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Average cost \$0.11 per dose†

**Gripe Water**



The mode of action for Gripe Water is unclear

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Ingredients may be absorbed in bloodstream and may cause rare allergic reactions

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Poison Control Center does not recommend giving herbal supplements to infants\*

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Can be used up to 6 times per day (depending upon brand)

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Average cost \$0.45 per dose†



Find out more at  
**Mylicon.com**

See back for frequently asked questions (FAQs) ►

# Infants' Mylicon<sup>®</sup>

## Gas Relief FAQs



### Q. How does Mylicon<sup>®</sup> relieve gas?

A. The medicine in Infants' Mylicon<sup>®</sup> gently breaks down gas bubbles, helping baby's natural process of getting rid of gas.

### Q. Can Mylicon<sup>®</sup> be mixed with other liquids?

A. Yes. Follow label instructions and mix the dosage with 1 ounce of cool water, infant formula, or other appropriate liquids.

### Q. Can Mylicon<sup>®</sup> interact with other medications?

A. Simethicone is the active ingredient in Mylicon<sup>®</sup>. If a baby is taking other medicine(s), his or her doctor or pharmacist should be consulted before using Mylicon<sup>®</sup>.

### Q. Does Mylicon<sup>®</sup> contain any nuts (including peanuts or tree nuts)?

A. No, Mylicon<sup>®</sup> does not contain nuts.

### Q. Does Mylicon<sup>®</sup> contain lactose?

A. No, Mylicon<sup>®</sup> does not contain lactose.

### Q. Does Mylicon<sup>®</sup> contain milk or any milk derivatives?

A. No, Mylicon<sup>®</sup> does not contain milk or any milk derivatives.

### Q. Does Mylicon<sup>®</sup> contain dyes?

A. No, Mylicon<sup>®</sup> Dye-Free Drops do not contain dyes. However, Mylicon<sup>®</sup> Original Drops do contain food-grade dyes that are considered safe for human consumption.

### Q. Does Mylicon<sup>®</sup> contain wheat, gluten, or sulfites?

A. No, Mylicon<sup>®</sup> does not contain wheat, gluten, or sulfites.

### Q. Does Mylicon<sup>®</sup> contain alcohol?

A. No, Mylicon<sup>®</sup> does not contain alcohol.

### Q. Does Mylicon<sup>®</sup> contain sugar?

A. No, Mylicon<sup>®</sup> does not contain sugar. It is formulated with non-sugar sweeteners such as sorbitol, which is derived from sugar and provides half the calories of sugar.

### Q. Where can Mylicon<sup>®</sup> be purchased?

A. Mylicon<sup>®</sup> is available at drug, food, and mass retailers nationwide.



Find out more at [Mylicon.com](http://Mylicon.com)

\*Gould Soloway RA. Don't give herbal supplements to infants. National Capital Poison Center.

<http://www.poisson.org/articles/2011-oct/dont-give-herbal-supplements-to-infants>.

†Nielsen average price per unit xAOC latest 52 weeks 8/26/17: 1-oz bottle Mylicon, 4-oz bottle Gripe Water (category average).