

# Infants' Digestive Health

## Let's talk **probiotics**

### What are probiotics?

We often think of bacteria as “bad” and disease-causing. But probiotics are “good” bacteria that, when taken daily, can have health benefits—especially for the digestive and immune systems.

### How do probiotics work?

Probiotics can boost the gut's levels of good bacteria to help balance harmful bacteria that may cause digestive problems.

### Is my baby too young for probiotics?

No. In fact, infancy may be one of the most important times for probiotics because a healthy microbial balance in the intestines in early infancy is crucial to overall health.



**New!**



Use only as directed.

### About *Infants' Mylicon® Daily Probiotic Drops*

#### What kind of probiotic is it?

Featuring one of the world's most studied bacteria strains, **Infants' Mylicon Daily Probiotic Drops** promote healthy digestion, support immune function, and replenish good bacteria that have been depleted through antibiotic use.\* Plus, this formulation has been clinically shown to reduce excessive crying and fussiness associated with colic.

#### How do I give it to my baby?

Give your baby 6 drops daily. You can apply it directly on your nipple, add it to a bottle of formula or breast milk, or dispense it with a spoon.

#### Does it contain herbal supplements?

No. There are no herbal ingredients in this formulation.

#### Does it contain gluten or nuts?

No. This probiotic has no wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts, or tree nuts. It is a non-GMO product.

**Infants' MYLICON®**  
Liquid Probiotic Supplement

**Infants' Mylicon  
Daily Probiotic Drops  
do not contain simethicone**

Find out more at  
**Mylicon.com**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

See back for frequently asked questions (FAQs) ►

# Infants' Mylicon<sup>®</sup>

## Daily Probiotic Drops FAQs

**Q. How is Mylicon different from other probiotic drops?**

**A.** It is formulated with one of the most researched probiotic strains, *bifidobacterium animalis sub-species lactis*. This probiotic strain has an established history of safety and beneficial use.

**Q. Can I use the drops to treat a colicky baby?**

**A.** Yes. When used daily, Mylicon Probiotic Drops have been clinically shown to reduce excessive crying and fussiness associated with colic.

**Q. Are Mylicon Probiotic Drops safe?**

**A.** Yes. Mylicon Probiotic Drops are safe when used as directed.

**Q. When can my baby start taking the drops?**

**A.** Mylicon Probiotic Drops can be used by newborns and older infants. If your child was born prematurely, consult your pediatrician before use.

**Q. What is the dosage?**

**A.** Give your baby 6 drops daily.

**Q. How do I give my baby the drops?**

**A.** You can add the drops to a bottle of formula or breast milk, mix them with cool water, dispense them with a spoon, or drop them directly into your baby's mouth. Do not microwave or mix the drops with hot water.

**Q. Can I give the drops to my baby if I breastfeed?**

**A.** Yes. You can apply the drops directly to your nipple while breastfeeding.

**Q. Can the drops interact with other medications?**

**A.** If your baby takes any other medications, consult your child's doctor or pharmacist before using.

**Q. What should I do if my baby gets more than the recommended dose?**

**A.** Please consult your pediatrician if baby received more than 6 drops in one day.

**Q. Do Mylicon Probiotic Drops contain nuts, wheat, or gluten?**

**A.** No. They do not contain any peanuts, tree nuts, wheat products, or gluten.

**Q. Do they contain lactose, milk, milk derivatives, or any animal by-products?**

**A.** No. While the product does not contain any dairy-derived ingredients, it is produced in a facility that also handles dairy ingredients.

**Q. Do they contain dyes or artificial flavors?**

**A.** No. They do not contain any dyes or artificial flavors.

**Q. Do they contain sugar or alcohol?**

**A.** No. They do not contain any sugar or alcohol.

Infants'  
**MYLICON<sup>®</sup>**  
Liquid Probiotic Supplement

Find out more at **Mylicon.com**

# Children's Upset Tummy Relief

## Relieving common tummy troubles

and tips for preventing them



**Does your child have an upset tummy due to bloating, gas, or discomfort from acid indigestion or overeating?**

### *Try Children's Mylicon® Tummy Relief for Kids*

- Multi-symptom relief for children ages 2-11
- Great-tasting, fast-acting chewable tablets

### **Tips to prevent upset tummy:**

- If your child has had acid indigestion repeatedly, try giving several smaller meals throughout the day instead of 3 large ones
- Avoid high-fat foods
- Teach your child to eat slowly, in a seated position. Rushing can make your child swallow air, which leads to gas that causes bloating and pressure



Use only as directed.

Find out more at  
**Mylicon.com**

See back for frequently asked questions (FAQs) ►

# FAQs for **Children's Mylicon®** Tummy Relief for Kids

**Q. When should I use this product for my child?**

**A.** Children's Mylicon® Tummy Relief treats gas, upset tummies, and discomfort from acid indigestion and overeating.

**Q. What are the active ingredients?**

**A.** Children's Mylicon® Tummy Relief contains two key ingredients: the #1 doctor recommended anti-gas ingredient, simethicone, and an antacid, calcium carbonate.

**Q. How does it work?**

**A.** For fast relief of gas-related discomfort, the anti-gas ingredient gently breaks down air bubbles trapped in your child's stomach and intestines. To relieve heartburn and indigestion, the antacid quickly neutralizes stomach acid.

**Q. How is this product different from other children's antacid products?**

**A.** This is a *multi-symptom* formula. Other children's antacids do not address the painful symptoms caused by gas.

**Q. Is my child old enough for this product?**

**A.** Children's Mylicon® Tummy Relief is specially formulated for children ages 2 to 11. See the package label for dosing based on age and weight.

**Q. Can this product interact with other medications?**

**A.** If your child takes any other medications, you should consult your child's doctor or pharmacist first. This product may interact with certain prescription medicines.

**Q. Does Children's Mylicon® Tummy Relief contain nuts, wheat, or gluten?**

**A.** No, it does not contain any peanuts, tree nuts, wheat products, or gluten.

**Q. Does it contain lactose, milk, or any milk derivatives?**

**A.** No, it does not contain any dairy or dairy derivative products.

**Q. Does it contain preservatives, dyes, or artificial flavors?**

**A.** It uses only preservatives, dyes, and artificial flavors that are safe and approved for use in food and drug products.

**Q. Does it contain sugar?**

**A.** It contains small amounts of dextrose and sucralose to help improve flavor.

**Children's  
MYLICON®**  
Antacid/Antigas

Find out more at **Mylicon.com**

# Infants' Gas Relief



Recommend Mylicon® for  
**safe and effective  
infant gas relief**



**Mylicon®**

Gently breaks down gas bubbles, helping a baby's natural process of getting rid of gas

Active ingredient is not absorbed in bloodstream

May be used for the newest of newborns and infants of all ages

Can be used at every feeding, up to 12 times per day

Average cost \$0.11 per dose†

**Gripe Water**



The mode of action for Gripe Water is unclear

Ingredients may be absorbed in bloodstream and may cause rare allergic reactions

Poison Control Center does not recommend giving herbal supplements to infants\*

Can be used up to 6 times per day (depending upon brand)

Average cost \$0.45 per dose†



Find out more at  
**Mylicon.com**

See back for frequently asked questions (FAQs) ►

# Infants' Mylicon®

## Gas Relief FAQs



### Q. How does Mylicon® relieve gas?

- A. The medicine in Infants' Mylicon® gently breaks down gas bubbles, helping baby's natural process of getting rid of gas.

### Q. Can Mylicon® be mixed with other liquids?

- A. Yes. Follow label instructions and mix the dosage with 1 ounce of cool water, infant formula, or other appropriate liquids.

### Q. Can Mylicon® interact with other medications?

- A. Simethicone is the active ingredient in Mylicon®. If a baby is taking other medicine(s), his or her doctor or pharmacist should be consulted before using Mylicon®.

### Q. Does Mylicon® contain any nuts (including peanuts or tree nuts)?

- A. No, Mylicon® does not contain nuts.

### Q. Does Mylicon® contain lactose?

- A. No, Mylicon® does not contain lactose.

### Q. Does Mylicon® contain milk or any milk derivatives?

- A. No, Mylicon® does not contain milk or any milk derivatives.

### Q. Does Mylicon® contain dyes?

- A. No, Mylicon® Dye-Free Drops do not contain dyes. However, Mylicon® Original Drops do contain food-grade dyes that are considered safe for human consumption.

### Q. Does Mylicon® contain wheat, gluten, or sulfites?

- A. No, Mylicon® does not contain wheat, gluten, or sulfites.

### Q. Does Mylicon® contain alcohol?

- A. No, Mylicon® does not contain alcohol.

### Q. Does Mylicon® contain sugar?

- A. No, Mylicon® does not contain sugar. It is formulated with non-sugar sweeteners such as sorbitol, which is derived from sugar and provides half the calories of sugar.

### Q. Where can Mylicon® be purchased?

- A. Mylicon® is available at drug, food, and mass retailers nationwide.



Find out more at **Mylicon.com**

\*Gould Soloway RA. Don't give herbal supplements to infants. National Capital Poison Center. <http://www.poisson.org/articles/2011-oct/dont-give-herbal-supplements-to-infants>.

†Nielsen average price per unit xAOC latest 52 weeks 8/26/17: 1-oz bottle Mylicon, 4-oz bottle Gripe Water (category average).