The National Institute of Neurological Disorders and Stroke (NINDS)—part of the National Institutes of Health—conducts and supports research, provides public education, and offers free publications for clinicians, patients, and families on many neurological disorders.

Learn more:

- ♦ https://www.ninds.nih.gov
- ♦ https://www.ninds.nih.gov/Disorders
- ♦ https://catalog.ninds.nih.gov/

Public Education

- ♦ Mind Your Risks:
 - https://www.mindyourrisks.nih.gov/
- ♦ Migraine TrainerTM app: https://www.ninds.nih.gov/sites/default/files/ninds_migraine_trainer_flyer_508c.pdf

Free Publications *Spanish-language Publications Also Available

- ♦ Epilepsies and Seizures: Hope Through Research: https://catalog.ninds.nih.gov/ninds/product/Epilepsies-and-Seizures-Hope-Through-Research/18-NS-156
- ♦ Cerebral Palsy: Hope Through Research: https://catalog.ninds.nih.gov/ninds/product/Cerebral-Palsy-Hope-Through-Research/13-159
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- Muscular Dystrophy: Hope Through Research: https://catalog.ninds.nih.gov/ninds/facet/Health-Topics/term/Muscular-Dystrophy
- ♦ Brain and Spinal Cord Tumors: Hope Through Research: https://catalog.ninds.nih.gov/ninds/product/Brain-and-Spinal-Cord-Tumors-Hope-Through-Research/09-504
- ♦ Traumatic Brain Injury: Hope Through Research: https://catalog.ninds.nih.gov/ninds/product/Traumatic-Brain-Injury:-Hope-Through-Research/20-NS-2478
- ♦ Autism Spectrum Disorder Fact Sheet: https://catalog.ninds.nih.gov/ninds/facet/Health-Topics/term/Autism-Spectrum-Disorder
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- ♦ Brain Basics: Understanding Sleep: https://catalog.ninds.nih.gov/ninds/product/Understanding-Sleep-Brain-Basics-/17-NS-3440-C
- ♦ Brain Basics: Genes at Work in the Brain: https://catalog.ninds.nih.gov/ninds/product/Genes-at-Work-in-the-Brain-Brain-Basics-/10-5475
- Neurological Diagnostic Tests and Procedures: https://catalog.ninds.nih.gov/ninds/product/Neurological-Diagnostic-Tests-and-Procedures/19-NS-5380
- ♦ Neurological Disorders Directory of Health Information Resources: https://catalog.ninds.nih.gov/ninds/product/Directory-of-Health-Information-Resources/19-NS-3825

