

Welcome!

I f you want to live, train, and work in one of the most diverse communities in the country, then Nationwide Children's Hospital and The Ohio State University Wexner Medical Center in Columbus, Ohio, is the right place for you! Columbus is a dynamic and diverse city offering a favorable cost of living and impressive quality of life.

In this brochure, we wish to share our enthusiasm and deep commitment to recruitment of a diverse group of residents, fellows, and faculty to Nationwide Children's Hospital. Our hospital is uniquely dedicated to addressing social determinants of health, quality, patient safety, genomic medicine, behavioral health and population health. The intentional recruitment of a diverse workforce that mirrors our patient population is crucial to our success in these initiatives. Similarly, as we train the next generation of talented physicians and researchers, we must embrace diversity as a core value.

We hope you enjoy learning more about Nationwide Children's Hospital, where passion meets purpose. If you have questions about our programs, please do not hesitate to contact us.

Sincerely,



Olive A Shomen Town.

Olivia Thomas, MD Chief Diversity and Health Equity Officer



John Barnard, MD

Chair, Department of Pediatrics President, The Abigail Wexner Research Institute



MD

Elizabeth Bonachea, MD Director of the Neonatal-Perinatal Medicine Fellowship Director of Fellowship Education, Department of Pediatrics



Rebecca Wallihan, MD Program Director, Pediatric Residency Program Vice Chair of Education, Department of Pediatrics



Join Our Team

Diversity. Inclusion. Community.





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The moment you walk through our doors, you can feel it. When you meet one of our patient families, you believe it. And when you talk with anyone who works here, you want to be a part of it. Welcome to Nationwide Children's Hospital, *Where Passion Meets Purpose.*

where PASSION PASSION meets PURPOSE

We invite you to join our team of diverse residents and fellows. Here you will have the opportunity to grow and use your talent to make an impact that truly matters. Nationwide Children's values diversity, and we know that providers who reflect their patient populations improve patient care.

As one of the largest and busiest pediatric hospitals in the country, we recognize and embrace the crucial role diverse staff play in addressing social determinants of health, quality, patient safety, genomic medicine, behavioral health and population health.

At Nationwide Children's our passion is to intentionally recruit a diverse workforce so that together we can achieve our purpose – to help children everywhere reach their highest potential.

WHO We Are.

A Culture of Inclusion

As Ohio's capital and the 14th largest city in the United States, Columbus boasts a diverse population and is home to one of the largest networks for young professionals in the country. Columbus has a large immigrant population and is home to the second largest and fastest growing Somali community in the country. Our community is rich with social and advocacy networks for all races and religions, socioeconomic classes, and members of the LGBTQ community. We are proud to be recognized as an LGBTQ Healthcare Equality Leader by the Human Rights Campaign Foundation's Healthcare Equality Index.

At Nationwide Children's, our educational mission includes programs to support students, residents, and fellows who are Underrepresented in Medicine (URM) to attend our medical training programs and to be a part of our vision for BEST OUTCOMES. We also know diversity, combined with our authentic progress to build an inclusive culture, enables our employees to bring their unique differences and talents to work every day.

One way we support a culture that fosters inclusiveness and diversity is through our Employee Resource Groups:

- All Equal LGBTQ
- APAN Asian Pacific American
- CapABLE Disability
- LEAD Professionals

and Multiracial

• Connect With Us – Black

• HOLA – Hispanic/Latinx

• Military/Veterans



Where Passion Meets Purpose!

The foundation of an organization is its people. At Nationwide Children's Hospital, we align our strategy with the Best People and Best Programs to achieve the best outcomes. We also know diversity, combined with our authentic progress to build an inclusive culture, enables our employees to bring their unique differences and talents to work every day.

STRATEGY - Visibility

opportunities for trainees and faculty

ACCELERATOR - Education

GOAL - Support

health equity and advocacy.

Improving URM and LGBTQ Physician visibility for applicants, trainees, and patients. *"You can't be what you can't see." – Marian Wright Edelman*

Fostering a sense of community within the training programs and providing networking

A DIVERSE WORKFORCE IMPROVES OUTCOMES

Striving for a culture of inclusive excellence.



VISION - Physician Diversity Coalition A collective whose central aim is to optimize physician diversity at Nationwide Children's Hospital.

Providing education for faculty and trainees on topics such as diversity, racism,

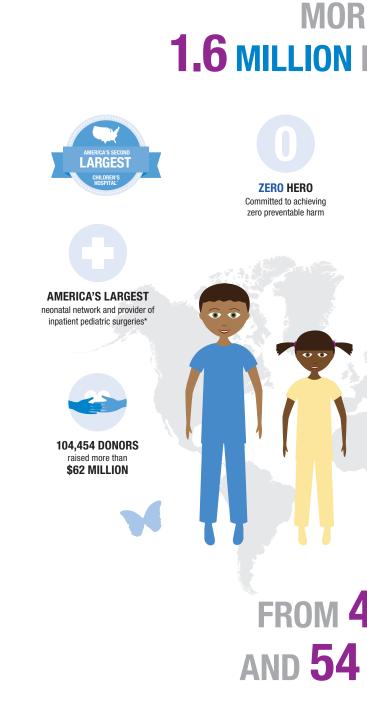


LEGACY - Inclusive Excellence

A hospital-wide culture that promotes diversity of its providers in an institution that recognizes that in order to have the BEST OUTCOMES, we must also have the best diversity and inclusion.

Patient Reach

We serve patients from the Columbus metropolitan area as well as patients from across the nation and around the world. As one of the largest and busiest pediatric hospitals in the United States with one of the country's largest ambulatory and neonatal networks our patients come to us for their health care needs ranging from heart, lung, kidney and liver transplants to cancer, genetic diseases and broken arms.



MORE THAN **1.6 MILLION PATIENT VISITS**...



Provided more than \$194 MILLION IN CHARITY CARE and community benefit services annually



FOUR-TIME MAGNET designation for nursing excellence



The Research Institute at Nationwide Children's Hospital **IS ONE OF THE TOP 10** NIH-funded freestanding pediatric research facilities in the U.S.



BEST OF THE BEST A distinction awarded to only 10 children's centers nationwide. In addition to the Honor Roll distinction, Nationwide Children's is ranked in all 10 specialties.

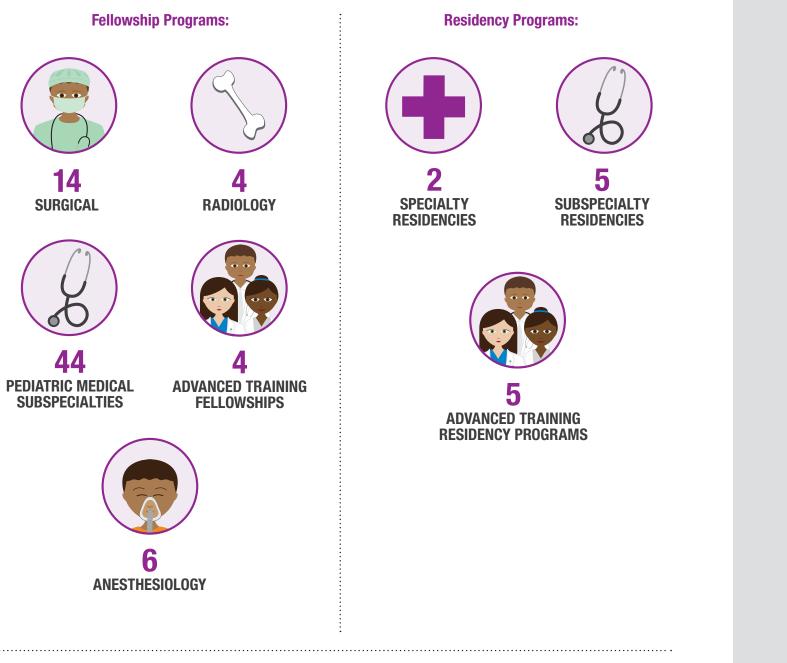
* Most recent data from CHAmember pediatric hospitals

FROM 49 STATES AND 54 COUNTRIES

WHO We Are.

Residency and Fellowship Programs

Nationwide Children's is a place that allows dedicated, hardworking physicians to thrive. Whether your plan is to work in private practice in an outpatient clinic, treat the sickest patients in a first-rate children's hospital, advocate for children, teach, conduct research or all of the above, we can help you learn everything you need to know to be successful.



For more information about our Residency and Fellowship Programs, visit: NationwideChildrens.org/for-Medical-Professionals/Residency--Fellowship

Resident Diversity and Inclusion Coalition

 Underrepresented in Medicine (URM) Pediatric Visiting Student Elective Scholarship Program for fourth year medical students

RESIDENT DIVERSITY & INCLUSION COALITION (RDIC)

Representation at events such as the Student National Medical Association (SNMA) and Latino Medical Student Association (LMSA) Annual Conferences

> Increasing minority fellows/faculty members to attend and give lectures for residents and medical students

As a residency program, we are experiencing a time of exciting change! Our residency family is quickly growing, and this expansion of our program comes with a continued commitment to recruit and retain residents who reflect the diversity of the patient population we serve.

For more information about our Resident Diversity and Inclusion Coalition, visit: NationwideChildrens.org/RDIC

 Annual URM intern welcome party

 Opportunities for networking and social events

> Pediatric Equality and Advocacy Resident Learning Series (P.E.A.R.L.S.)

The purpose of the

is to create an environment of inclusive excellence while increasing the diversity of our providers to be reflective of the patients we care for in central Ohio and around the world.

 Diversity lecture series through the Medical Education Advanced Competency



Rebecca Wallihan, MD, Program Director

Pronouns: She/her/hers

What was your path to Nationwide Children's and what do you love about working here?

I have been at Nationwide Children's almost 14 years, originally coming to do my residency and then never leaving. Although this was never in my 5- or 10- year plan, I'm becoming a lifer here. For me, it really comes down to 3 things: the people, the opportunities, and the support. I'll break each of those down a little further:

- 1. As cliché as it sounds, the people are truly the number one reason I am still at Nationwide Children's Hospital today. The people at this hospital are truly like a second family for me. They make it such a fun place to work and we are all working toward a shared goal of improving the health of children, not only in central Ohio but around the world. And it doesn't feel like work when you're surrounded by such amazing people!
- 2. The opportunities at Nationwide Children's are endless! No matter what your interest, you can find expertise, experiences, and mentorship to help you be successful.
- 3. When I talk about support, to me this means that people truly have my best interests in mind and want me to be successful. I have felt this throughout my career at Nationwide Children's as a resident, chief resident, fellow and now as a faculty member. I often tell people that we are not trying to make our trainees and faculty fit into a certain mold. We want to help them identify their passions and develop the necessary knowledge and skills to be successful.

What is your role at Nationwide Children's?

Clinically, I am an associate professor in Pediatric Infectious Diseases and care for children with a variety of infections, in both the inpatient and outpatient settings. However, my favorite part of my job is the work I do in medical education as the Program Director for the Pediatric Residency Program and Vice Chair of Education, Department of Pediatrics. I obviously love the people in our program – there is such a diversity of backgrounds, experiences, interests, and thought that truly elevates everything we do. It is also incredibly exciting to play a role in training the next generation of leaders in pediatrics and, most importantly, it's a lot of fun! Working with fellows, residents, and students makes me a better doctor. They ask amazing questions and really keep me up to date on the latest advances in medicine. I'm always excited about meeting new residents and improving the program. It never gets old watching someone grow from a brand-new doctor to an outstanding physician and leader.



"When I talk about support, to me this means that people truly have my best interests in mind and want me to be successful."

- Rebecca Wallihan, MD

Program Director, Pediatric Residency Vice Chair of Education, Department of Pediatrics



Kyle Burghgraef, MD, Chief Resident

Pronouns: He/him/his

What was your path to Nationwide Children's Hospital?

Being from Michigan, some would have sworn off Ohio as a whole as an option for residency - especially the heart of Buckeye country here in Columbus. However, hindsight tells me I was destined to end up here from the start. A blend of tangible and intangible factors ultimately led to my desire to come to Columbus for pediatric training, such as the city size, a reputable children's hospital, the robust LGBTQ+/Ally community, and yes, even that feeling that everyone says you'll have when you "just know" that's where you want to be. As my path here continues, the city continues to grow on me, showing off various facets here and there to keep life vibrant in and outside the hospital.

What made you want to be a Chief Resident, and what are some of your goals for the upcoming year? I became interested in how the role offers an opportunity to broaden one's scope of medicine into the administrative and strategic aspects, especially in a place like Nationwide Children's. Looking ahead to the 2020-2021 year, I am certainly excited to work with my cohort of co-Chiefs, as we hope to navigate the continued augmentation of the program and its many layers with positive energy and a focus on promoting wellness. I also anticipate helping expand the visibility of social diversity, namely LGBTQ+, alongside the amazing efforts already in motion. Overall, I know residency can feel like a long flight with periods of intense turbulence, so my hope is that I can be a reassuring and helpful attendant throughout the adventure.

What are some of your career goals and how has training at Nationwide Children's made you uniquely positioned to be successful in achieving your goals? In no way am I unique in the fact my career aspirations in medicine have changed multiple times. The beauty of Nationwide Children's is that every avenue is supported - rare diagnoses, plentiful research, community endeavors - they're all here and have brilliant minds in pursuit. Training at Nationwide Children's is like walking through the aisles of a grocery store and having your pick of the widest variety of produce - fresh ideas and novel flavors of medicine abound. I'm able to say with confidence that the exposures to this bevy of medical approaches has helped shape me for practicing out in the community. Beyond medicine inside the hospital walls, witnessing the work Nationwide Children's has done in spaces like advocacy have provided me a foundation from which to work toward improving the health of children, and hopefully their families, in Columbus and beyond.



"The beauty of Nationwide Children's is that every avenue is supported - rare diagnoses, plentiful research, community endeavors - they're all here and have brilliant minds in pursuit."

- Kyle Burghgraef, MD Chief Resident



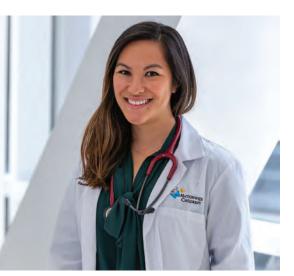
Erika Basil, DO **Resident III – Pediatrics** Pronouns: She/her/hers

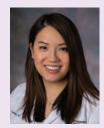
Ask me anything you want to about the Primary Care Track! The combination of the traditional residency program curriculum with experiences in primary care including inpatient, outpatient, surgery, PICU, NICU, adolescent and emergency medicine are definitely preparing me for my career as a primary care pediatrician!

Alyssa Mendoza, MD **Resident I – Child Neurology**

Pronouns: She/her/hers

I became interested in Child Neurology at Nationwide Children's because I wanted to train at a hospital with high patient volumes and a diverse group of child neurology subspecialists to learn from. I am still deciding what I'd like to do because I love everything within neurology, but right now I am particularly interested in neurodevelopmental disabilities, neuroimmunology, neurocritical care and epilepsy.





Rena Kasick, MD Hospital Pediatrics Associate Program Director Pronouns: She/her/hers

My passion and motivation for a career in hospital medicine is the desire to serve and care for children. My purpose is to pay it forward in my career as an educator and mentor of medical students and residents.



Nadine-Stella Achenjang, MD, Resident II – Pediatrics

Pronouns: She/her/hers

Hometown:

Dschang, Cameroon

What do you remember most about your interview/ application process?

I was surprised by the warmth I felt from everyone, from the program director during my interview to the residents during the luncheon. I thought there would be a competitive and cold atmosphere for it being a large program, but I was wrong. During the tour and noon report, it was clear to see that at Nationwide Children's there truly is no "I" in team.

What do you love most about the program?

I enjoy how much the program cares for us and takes care of us as residents. This is evident by the wellness activities that we can get involved in and by how much the program listens to our feedback and makes changes based on it. They are here for us and want us to learn in a healthy and happy environment.

What do you love about Columbus?

It truly is a big, small town with a lot to offer. I can enjoy the outdoors at one of its many metro parks, grab afterwork drinks with friends at happy hour, enjoy cuisine from all around the world. Columbus is also well positioned for many weekend trips to other fun cities.

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What are your plans for the future?

I plan on pursuing a fellowship in Neonatology and a career in global health & medicine.

Fun Fact

I was born by candlelight.



Megan King, DO **Resident III – Pediatrics**

Pronouns: Shelher/hers

A resident's life is a busy life. One thing I love about the program is our support staff. Everyone from residency leadership to the pharmacists to the resident assistants is incredibly helpful and friendly. They make our lives so much easier!

Roberta Gomez, MD Resident IV – Internal Medicine/Pediatrics

Pronouns: She/her/hers

There was a time when very few pediatric patients with sickle cell disease would survive into adulthood, but this has changed significantly with current therapies. I plan to use my internal medicine-pediatrics training to help adolescents and young adults with sickle cell disease smoothly transition from their pediatric to adult hematologists.

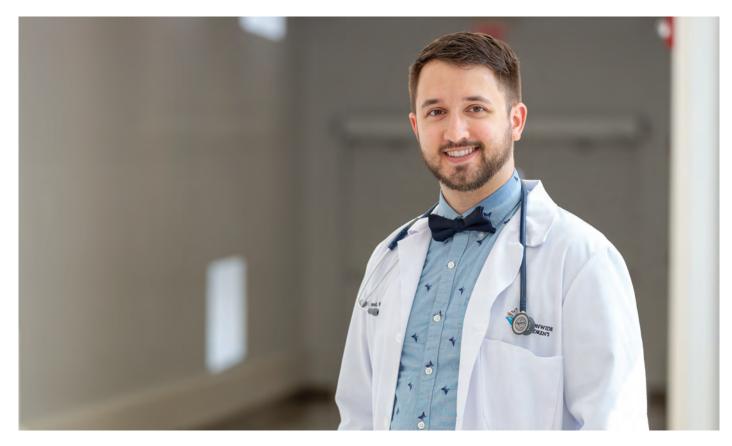




Susan Creary, MD

Hematology/Oncology/Bone Marrow Transplant Pronouns: She/her/hers

My passion is for children and adolescents with sickle cell disease and their families. As a Principal Investigator in the Center for Innovation in Pediatric Practice and an Assistant Professor of Pediatrics in the Hematology/Oncology/BMT Division in the Hematology/ Oncology/BMT Clinic at Nationwide Children's Hospital. My purpose is to improve utilization of effective preventative therapies to improve the long-term outcomes of children with sickle cell disease.



Jarrod Wurm, MD, Resident II - Pediatrics

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Pronouns: He/him/his

Hometown:

I'm from a rural area of Ohio, located in the country between the villages of Republic and Attica.

Identity:

Cisgender Male, Gay

What do you remember most about your interview/ application process?

At first, I was intimidated by such a large academic institution. I was afraid that I'd get lost in the mix and not even know my co-residents, but I could immediately tell on interview day that there was something different and special about this program. I was drawn to the incredible people, the culture, and the community of caregivers that have been cultivated here. In my mind, I knew it was a large residency program, but it quickly began to feel small, while still having all the opportunities, resources, support, and patient health of LGBTQ youth and mental/behavioral health. census of a bigger program. The dedicated Primary Care Track also attracted me to the program. It communicated **Fun Fact** to me that the program valued primary care, and I knew it I taught myself how to play the bassoon in the 8th grade.

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	would be a great way to tailor my residency experience to align with my future career goals.
	What do you love most about the program? The people! I feel so lucky to get to work with and alongside such amazing co-residents, chief residents, program directors, program coordinators, resident assistants and faculty.
	What do you love about Columbus? I love the food scene, ClusterTruck, Jeni's ice cream, the LGBTQ community and a city that supports us, Equitas Health, the Ohio Theatre (yay Broadway!) and the many different concert venues and Columbus Clippers baseball.
	What are your plans for the future? I plan to be the best primary care pediatrician that I can be. In my future practice, I hope to have dedicated time for the



Claudia Mosquera, MD Resident III – Pediatrics Pronouns: Shelher/hers

I come from a very big Venezuelan family and we are currently living all over the world! My siblings live in Spain while my parents are still in Venezuela. It is a challenge to communicate with them but that's how I entertain myself between pages during night shift – catching up with them and filling my family in on the exciting work I am doing!

Aisha White, MD **Resident III – Internal Medicine/Pediatrics**

Pronouns: She/her/hers

In addition to enjoying Nationwide Children's, I'm enjoying exploring Columbus. It has big city opportunities with a smaller city vibe. There is always something to do or new places to explore, and traffic is usually light so getting around the city is so easy!

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Rohan Henry, MD Endocrinology Pronouns: He/him/his

My passion as an endocrinologist includes type 2 diabetes, care transitions in pediatric patients with growth hormone deficiency, and medical ethics. *My purpose* is to care for our diverse endocrinology patient population and to educate trainees and clinicians on endocrinology and diabetes.



Rafael Lemus, DO, Resident II - Pediatrics

Pronouns: He/him/his

Hometown:

Tulsa, Oklahoma

What do you remember most about your interview/ application process?

It was evident how invested the program was into the wellbeing of its residents, being a voice in such a large hospital can be hard, but the program did a good job ensuring the resident voices were heard.

What do you love most about the program?

While spending a summer during med school volunteering I love working with my co-residents and then celebrating a in a clinic in Cusco, Peru, I got to dance as part of a group hard day of work with happy hours or intramural sports. with the hospital staff in the Festival of the Sun and got to show off my Incan dance skills in front of the President of Peru!

What do you love about Columbus?

My favorite thing would be the Scioto trail and getting to run around downtown/German Village/Short North area. My fiancées favorite part about Columbus would be Ikea.

What are your plans for the future?

Become a PICU fellow and eventually move closer to our family back in Oklahoma.

Fun Fact



Sarah Chen, MD **Resident III – Pediatrics** Pronouns: She/her/hers

I love how open and inclusive Nationwide Children's Hospital is, embracing people of all races, religions, sexual orientations and more. As a member of the LGBTQ+ community, I have not always felt support. At Nationwide Children's, I was not only wholeheartedly accepted, but my story was also celebrated. I became the LGBTQ+ liaison for the Resident Diversity and Inclusion Coalition. My views and opinions mattered, and my voice was heard.



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Pronouns: She/her/hers

I appreciate the support amongst the program office and the new Resident Diversity and Inclusion Coalition (RDIC). It's amazing to train at a hospital that actively considers new ways to advance diversity within the program.





Jordee Wells, MD, MPH Emergency Medicine attending Pronouns: She/her/hers

My passion is to create change at the intersection of healthcare and public policy for children everywhere. My purpose is to improve female adolescent health in pediatric emergency department settings and to empower and advocate for communities through honed clinical acumen and compassion.

"I was impressed by how involved the residents were in patient care and how the attendings took the time to succinctly explain clinical pearls on rounds."

Michelle Moore Padilla, MD, Resident IV – Internal Medicine/Pediatrics

Pronouns: She/her/hers

Where are you from?

I was born in Puerto Rico and was raised in Miami, Florida.

What do you think about the training program at **Nationwide Children's?**

I had the opportunity to do an away rotation in outpatient congenital cardiology at The Ohio State University and What are your plans for the future? Nationwide Children's Hospital as a 4th year medical student; I will pursue a pediatric cardiology fellowship on my path to specifically to see the Adult Congenital Heart Disease program. pursuing a second fellowship in Adult Congenital Cardiology. I was impressed by how involved the residents were in patient Tell us something fun about you. care and how the attendings took the time to succinctly explain I am a proud mother of a daughter who is currently in college. clinical pearls on rounds. It was also easy to notice the overall collegiality amongst all members of the medical team (medical students, nurses, social work) at both places. Still now as a resident, I truly value that everyone is a team player and always willing to help out when things get busy.



What is living in Columbus, Ohio like?

I am a foodie and was surprised by the variety of ethnic restaurants. Saraga International Market is my favorite market in Columbus. I also love hiking, picking apples, and the summer festivals!



Jessica Williams, MD Resident II – Pediatrics

Pronouns: Shelher/hers

I love that Columbus has a small city feel and is very affordable, especially coming from the Northeast. I enjoy the salsa and bachata dancing community here as well as the many festivals held in the summertime - Latino, Greek, Egyptian, Caribbean, Asian and even Taco Truck Festivals!



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Pronouns: She/her/hers

Recently, I took care of a Spanish-speaking family. After introducing myself, the child asked her mom, "Who is she? If she's the doctor, why does she speak Spanish?" Her mom responded, "She is the doctor and is from Mexico; if you study very hard, when you grow up, you can be a doctor, too." The fact that this child could not understand how I could be Latinx/speak Spanish AND be a doctor demonstrated exactly why representation is so important. I'm so happy to be training at a program that prioritizes having a diverse workforce and supports underrepresented trainees so that we can thrive and better serve our diverse patient population.





Matthew Smith, MD Resident II – Pediatrics

Pronouns: He/him/his

I am impressed by Nationwide Children's focus on community health and health equity, especially programs such as Healthy Neighbors Healthy Families and our Residents in Schools Initiative. As a physician, I value working at an institution that allows us to work outside of a hospital or clinical setting to address disparities and promote well-being. Our hospital understands its role in correcting intergenerational and systemic injustices.



Desalegn Yacob, MD Gastroenterology attending *Pronouns: He/him/his*

My passion as a pediatric gastroenterologist is quality of life for children with impaired gut motility. *My purpose* as the medical director of the nation's most prestigious and largest Center for Neurogastroenterology and Motility Disorders is to support education and innovation to improve the outcomes for children everywhere.



Brittney Hills, MD, Cardiology Fellow Pronouns: Shelher/hers

I developed *my passion* for pediatric cardiology and medical education when, as an undergraduate, I met a patient post-operatively with single ventricle physiology. *My purpose* is to develop critical congenital heart disease curricula to further medical education and prevent the long-term morbidity and mortality of this population.

Gabby Gonzales, MD Resident II – Pediatrics

Pronouns: She/her/hers

I love the closeness amongst residents, fellows and faculty. I also love all of the metro parks and trails available in Columbus.



At a Glance





ZERO HERO Committed to achieving ZERO PREVENTABLE HARM



Provided more than **\$194 MILLION IN CHARITY CARE** and community benefit services annually





The Research Institute at Nationwide Children's Hospital **IS ONE OF THE TOP 10** NIH-funded freestanding pediatric research facilities in the U.S.



AMERICA'S LARGEST neonatal network and provider of inpatient pediatric surgeries*



104,454 donors

RAISED MORE THAN

\$62 million

MAGNET Recognized TACE

THREE-TIME MAGNET designation for nursing excellence



More than **1.6 MILLION** patient visits from all **49 U.S. STATES AND 54 COUNTRIES**

* Most recent data from CHA-member pediatric hospitals



The Abigail Wexner Research Institute at Nationwide Children's Hospital

The Abigail Wexner Research Institute at Nationwide Children's Hospital is organized into centers of emphasis and the Institute for Genomic Medicine, all of which facilitate interdisciplinary team science by transcending traditional academic boundaries. The structure supports discovery, enabled by outstanding shared resources. Each center or institute is home to talented faculty members, staff, graduate students, residents, postdoctoral fellows and other students.

- Battelle Center for Mathematical Medicine
- Biobehavioral Health
- Cardiovascular Research
- Childhood Cancer and Blood Diseases
- Innovation in Pediatric Practice

The Research Institute at Nationwide Children's also offers the Integrated Research Pathway program for residents who have earned an MD (with substantial research experience) or MD/PhD degree and are committed to an academic research career.

For more information, visit NationwideChildrens.org/Research

- Clinical and Translational Research
- Gene Therapy
- Injury Research and Policy
- Institute for Genomic Medicine
- Microbial Pathogenesis
- Perinatal Research
- Regenerative Medicine
- Vaccines and Immunity

WHAT We Do___RESEARCH & INNOVATION



Deena Chisolm, PhD Pronouns: Shelher/hers

What was your path to Nationwide Children's Hospital? My path to Nationwide Children's was quite "bendy." Prior to committing to a career in research, I worked as a state health department epidemiologist, a health quality evaluator, and a consultant. The one thing that all of these roles had in common was the responsibility to turn data into information that created improvement in health and healthcare. That was my niche.

I returned to college to complete a PhD in Public Health eight years after completing my Master's degree. After graduation, I was fortunate to meet and collaborate with Dr. Kelly Kelleher on a healthcare data project, which led to the start of my fifteen years at Nationwide Children's. I have stayed at Nationwide Children's because I love knowing that the research I do goes directly into the hands of clinicians and administrators who can apply it to improving the lives of children. I feel like what I do here can create real-time change.

What I love most about Nationwide Children's is the collegiality and collaboration. Clinician scientists and research scientists share their varying skills in a way that advances science and health with little competition or turf-ism. The concept of "one team" is not just words, it permeates the way we work.

What research are you passionate about?

My key research interest is addressing health outside of healthcare. It is estimated that only 20% of our health is driven by our actual interactions with the healthcare system. My question is *what approaches work for addressing the social, economic, behavioral and environmental issues that make up the other* 80% in addition to understanding how health care systems like Nationwide Children's and health policies can implement those approaches successfully.

My passion is health equity. My purpose is to generate knowledge that helps us ensure that every child has an equal opportunity to achieve their best health as well as building a world where that opportunity is not limited by factors like race, poverty or neighborhood. I have a special interest in the health of teens. Adolescence can be hard because of the natural physiological and psychosocial changes happening all at once, but it is also a great time to engage youths in their health. When we develop approaches that teach young people how to manage their own health, make good health choices, navigate the healthcare system, and advocate for their own health interests, we build a generation that can be part of the process for reaching health equity.

Please tell us about your role as the Director of the Center for Innovation and your vision for the Center.

The Center for Innovation in Pediatric Practice is the primary home of the institute's health services and population health research. Our faculty address a wide variety of clinical issues including suicidality, surgical outcomes, sickle cell disease, asthma, clotting disorders and more. We also work closely with the hospital's Community Wellness team to help design and evaluate neighborhood interventions focused on housing, neighborhood safety, education, employment, and other social determinants of health. My vision as the new director of the Center for Innovation in Pediatric Practice is to further the Abigail Wexner Research Institute's reputation as the national leader in research that advances health through improvement in care outside our hospital walls in homes, neighborhoods, schools and beyond.



"*My passion* is health equity. *My purpose* is to generate knowledge that helps us ensure that every child has an equal opportunity to achieve their best health and to build a world where that opportunity is not limited by factors like race, poverty, or neighborhood."

- Deena Chisolm, PhD Director Center for Innovation in Pediatric Practice

WHAT We Do___RESEARCH & INNOVATION



Monica Hoff, MD, Resident III – Pediatrics

Pronouns: She/her/hers

When did you become interested in research?

I originally never thought that I'd be interested in research, but now I can't imagine my career without it! I graduated a semester early from Johns Hopkins University but stayed in Baltimore to walk with the rest of my friends at graduation. At that time, I had never done research, but I started working in neurobehavioral clinical research and loved it! Since then, I've worked on pediatric psychopharmacology clinical trials, human papillomavirus-driven head and neck cancer molecular epidemiology research, Epstein-Barr virus-driven post-transplant lymphoproliferative disease adoptive cellular research, and pediatric nephrology urothelial development research.

How important was research in your residency search?

When searching for residency programs, I sought out institutions that had the resources and facilities in place to support any research that I might choose to do. I also knew that I would actually need time to do research, so having research advanced competencies or elective rotations that allows time for research projects, and not just chart review, was really important to me.

What sort of research opportunities have you had during residency? I've been extremely fortunate that the culture at Nationwide Children's has promoted my desire to do research even in the midst of a very busy time during my training. As an intern, I had the opportunity to work on a research project during my elective time as well as attend and present at a number of conferences. I've had the opportunity to obtain travel awards and have had the honor of being nominated by the Chair of Pediatrics for a Frontiers in Science Symposium. Each of these accomplishments, and so much of my love for science, has been facilitated by amazing opportunities to develop meaningful relationships with my research mentors who strive to challenge me and to nurture my desire to continually learn and ask questions. As a woman of color in science, I understand the importance of great mentors, and I look forward to mentoring others along the way!

"When searching for residency programs, I sought out institutions that had the resources and facilities in place to support any research that I might choose to do."

> - Monica Hoff, MD Resident III - Pediatrics



Nationwide Children's Hospital | 27









Break stigmas – Big Lots Behavioral Health Services

As a national leader in childhood Behavioral Health research, we are pushing the field forward. In March 2020, thanks to a transformational \$50 million gift from Big Lots and their Foundation, we constructed America's largest center dedicated exclusively to child and adolescent behavioral and mental health on a pediatric medical campus.

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Featuring inpatient services, intensive outpatient services, a Psychiatric Crisis Department and research all under one roof, this integrated pediatric behavioral health approach serves as a model for other health care systems across the nation.

Through Big Lots Behavioral Health Services, we bring together a comprehensive team comprising psychiatry, psychology, specialized pediatrics, counseling, parent support specialists, social work and nursing to help with every aspect of a child's treatment.

With one in five children living with a mental illness, we realized that children needed a voice. That's why Nationwide Children's developed the On Our Sleeves[®] movement to transform children's mental health. The mission of On Our Sleeves is to provide every community in America with free educational resources to break the stigmas around childhood mental health. To learn more, visit **www.OnOurSleeves.org**







WHAT We Do__BREAK STIGMAS



Whitney Raglin Bignall, PhD

Pronouns: She/her/hers

A word from Whitney Raglin Bignall, named to the "40 under 40 Leaders in Minority Health Behavioral Health" by the National Minority Quality Forum:

What was your path to Nationwide Children's Hospital?

My passion is to deliver culturally competent, evidence-based behavioral health care to all children and families, especially within communities in need. I was so impressed by Nationwide Children's expansive mental and behavioral health programs, and the deep and genuine commitment to treat all children; I really wanted to be a part of this team. Our behavioral system is dedicated to treating mental and behavioral health at all levels – from home visits and school-based therapy, to traditional outpatient and sub-specialty inpatient care. What's more, we specialize in delivering culturally competent care to our diverse patient population right within the neighborhoods they call home.

What is your role at the institution?

I am a pediatric psychologist, integrated within the primary care setting at Nationwide Children's Linden Primary Care Center. As a psychologist driven to eliminate health and mental health disparities experienced by under-represented communities, working in the Linden neighborhood is a dream come true! At Linden, we practice a multi-disciplinary team approach to primary care that is so exciting to be a part of. Our staff is a family, and we are all passionate about making the lives of our patients and community better. At Linden, we take pride in trainee education and we are deeply passionate about medical education.

Do you do any research?

Yes! My research aims are three-fold:

1) understand psychosocial and cultural factors that contribute to health and mental health disparities, 2) design interventions that are contextually appropriate for underserved communities, and 3) adapt and implement existing evidence-based treatments that are sustainable. My research serves to bridge the gap between health systems and the communities they serve to make psychological interventions more accessible. This includes creating vibrant and robust community-academic partnerships with children's hospitals, primary care offices, neighborhood schools, and community organizations.

Why is Nationwide Children's unique in creating an environment where you and your career can thrive? It is an exciting time to be a child health professional interested in the care of children and communities from diverse backgrounds, and Nationwide Children's Hospital is the kind of diverse, supportive environment that helps these dreams to become reality. We have a progressive vision to make meaningful, positive change in the community, and being an employee here encourages you to naturally think bigger and aim higher for our children and families.

"Our staff is a family, and we are all patients and community better."





"Our staff is a family, and we are all passionate about making the lives of our

- Whitney Raglin Bignall, PhD, Psychologist

WHAT We Do__GLOBAL HEALTH



Tell us a little about your research interests.

I'm a little bit of a jack of all trades as a hospitalist and global health educator. Although my work has taken on different forms throughout my career, my work has a common thread - to promote equity and advocate for underserved and underrepresented communities.

I'm particularly interested in the ethics and communication surrounding the care of immigrant and refugee families, in particular our Somali patient population. I've also learned to say "yes" when presented with opportunities to learn - I'm currently a co-investigator on a project looking at direct hospital admissions. I see it as a way to improve access to care and also an opportunity to gain valuable research skills I can translate to other topics. Most recently, I'm excited to support upcoming resident-led work looking at implicit bias.

What is your vision for global education at Nationwide Children's?

I'm humbled to co-direct the Nationwide Children's global health (GH) competency with Drs. Saji Perera and Nicole O'Brien, both experts in the field. Our residents have diverse interests and skills - from research to public health to ethics. Our goal is to provide trainees with the opportunity to explore their interests, share unique skills they bring to residency, and also experience aspects of GH they've yet to encounter. Faculty are welcome.

We are fortunate to have physicians from every specialty who are engaged in diverse, meaningful work. We continue to build the curriculum and are excited about our new resident-driven competency curriculum committee.

It's an exciting time to be involved! The scene of GH education and engagement continues to change - new technologies, evolving immigrant policies, and our growing understanding of GH ethics. I hope you come share your story, keep asking the hard questions and join us.

"Our goal is to provide trainees with the opportunity to explore their interests, share unique skills they bring to residency, and also experience aspects of GH they've yet to encounter. Faculty are welcome."

> - Stephanie Lauden, MD, CTropMed, FAAP **Attending Physician Hospital Pediatrics**





WHAT We Do__GLOBAL HEALTH







What sort of global health work have you done in residency, and how was that feasible with busy resident schedules?

Abha Athale, DO, Resident III – Pediatrics Pronouns: Shelher/hers

I knew once I matched to Nationwide Children's Hospital for residency that I wanted to be part of the Advanced Competency in Global Health. The global health competency is a certificate course that residents can complete alongside core residency training. The competency focuses on teaching trainees about global health topics through journal clubs, seminars and one-on-one mentorship. As part of the competency, I completed a global health elective in Kampala, Uganda, with a co-resident. There, I worked at a large referral hospital where I was able to participate in patient care in their PICU, general ward and sickle cell ward. I am also completing an academic project in the field of global health with my mentor. Global health is important to me, and I'm thrilled to be part of a residency program that supports my endeavors and makes them feasible despite being a resident. The program has given me protected time for away electives. There are scholarships, for which residents are encouraged to apply to help fund these trips. We're also offered many opportunities for scholarship and mentorship.

How did you I v become free interested in

Global Health?

I was born in India, and although I moved to the U.S. at two years of age, I still visited frequently. My uncle was a family doctor in India. I saw how he had to be creative in his treatment plans for patients who lived in underserved areas in order for them to get the care they needed. As I grew in my own medical career, these differences became starker. I realized I wanted to be part of a solution that could help these types of people.

My experience with the global health track, as well as my time in Uganda, solidified my professional interest in global health. I plan to continue being active in this field. I hope that I will be able to come up with a project myself that will provide sustainable change for an underserved community.

Keerthi Akubathini, DO, Resident III – Pediatrics

Pronouns: She/her/hers

WHAT We Do__ADVOCACY



Where did you get your passion for child health advocacy? O. N. Ray Bignall II, MD Pronouns: Helhim/his

As one of a small number of African American men in medicine nationwide, and a firstgeneration American of immigrant parents, my interest in medicine is driven by a desire to promote social justice and make a positive impact on my community. During my time as an undergraduate at Howard University and medical student at Meharry Medical College, I realized that advocating for my community would be an essential part of my career as a physician. I was blessed with fantastic mentors who pushed me to pursue my passion and make an impact early in my career. As a Pediatric resident, I was awarded a Community Access to Child Health (CATCH) grant from the American Academy of Pediatrics to partner with inner-city African American fathers studying barriers to their involvement in the pediatric medical home. Later, as a fellow in Pediatric Nephrology, I was named a Lewy Fund Advocacy Scholar and learned how to advocate for health equity for children with kidney disease. I am fortunate that my training as a pediatrician has included opportunities to advocate for vulnerable populations.

Can you tell us about some of the work you are doing to promote child health advocacy at the local, state, and national levels? Here at Nationwide Children's Hospital, I've been given an opportunity to make advocacy a core part of my work. This includes mentoring medical students, residents, and fellows interested in advocacy, as well as meeting with lawmakers in Columbus, Ohio and Washington, D.C. to inspire policies that promote health equity for children and families. I am a member of the Public Policy Committee of the American Society of Pediatric Nephrology, and the Policy and Advocacy Committee of the American Society of Nephrology. I am privileged in this capacity to promote national policies and legislation that will help improve care for children with kidney disease, and address many of the root causes of health disparities in this population.

Locally, I work with teams of health care providers and community leaders on initiatives like the Healthy Neighborhoods Healthy Families program, which is helping to provide safe and affordable housing and job opportunities to our low-income neighbors. Our location in the state capital gives us unique access to change-makers, and at Nationwide Children's, my colleagues and I are encouraged to use our expertise to advocate at both the local and national levels to promote health for the children and families we serve. I also have the privilege to mentor and team up with medical students, residents, and fellows who travel to the Ohio Statehouse and meet with lawmakers about proposals that maintain health care coverage for underserved children across our state.

What are your future goals as a child health advocate, and how does Nationwide Children's help foster those goals? As a physician-advocate, my goal is to use community engagement and community partnership as tools to promote child health equity. This means listening to and learning from members of underserved and ethnic minority communities where health disparities have the greatest impact and working with them to promote health equity from the inside-out. I'm always excited for the opportunity to foster relationships with Pediatric trainees at Nationwide Children's who are interested in advocacy – from grassroots community work to national health policy – we are doing important work!

To learn more about Nationwide Children's community outreach and the Advocacy Advanced Competency, please visit: NationwideChildrens.org/About-Us



"... to promote child health equity. This means listening to and learning from members of underserved and ethnic minority communities where health disparities have the greatest impact and working with them to promote health equity from the inside-out."

O. N. Ray Bignall II, MD, FAAP
 Division of Nephrology

WHERE We Live___HEALTHY NEIGHBORHOODS HEALTHY FAMILIES

Angela Mingo

Tell us about your role at Nationwide Children's Hospital.

I began working in the Community Relations department 12 years ago because I saw the potential of the organization to build a deeper relationship with the neighborhood. I love that our institution values population health enough to make it part of the strategic plan through the Healthy Neighborhoods Healthy Families initiative. The comradery throughout the organization and community is what makes initiatives like this possible.

What are we doing as an institution to work together with our community?

The South Side of Columbus is home to Nationwide Children's Hospital and this community's greatest asset is the families that reside within the corridor. However, there's a great need in the area. Therefore, Nationwide Children's has partnered with Community Development for All People (CD4AP) to support the work of the Healthy Neighborhoods Healthy Families initiative. Through this program, we have the opportunity to collaborate in the utilization of a \$20 million fund that facilitates the redevelopment of up to 170 affordable housing units on the South Side, with a vision of creating safer and healthier homes for our patients and community without changing the affordability, and therefore the demographics, of the neighborhood that we call home.

Community Wellness



200 EMPLOYEES serve as mentors at neighborhood schools and organizations



MORE THAN 350 HOMES improved through rehabilitations, home improvement grants and new builds



96% OF CHILDREN were prepared for kindergarten after participating in a readiness program



MORE THAN 700 RESIDENTS

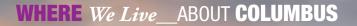
of zip codes 43205, 43206 and 43207 employed by Nationwide Children's



"I love that our institution values population health enough to make it part of the strategic plan through the Healthy Neighborhoods Healthy Families initiative."



- Angela Mingo Director of Community Relations



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With a population of over 890,000, Columbus is the 14th largest city in the United States. The city is perfect for active lifestyles, having recently invested \$20 million to develop a growing system of bike and fitness trails that connect the suburbs and river trails to downtown's \$44 million riverfront park system restoration. Columbus is recognized for its neighborhoods ranging from historic to hopping, for its fabulous casual and fine dining venues, shopping experiences, museums and more.

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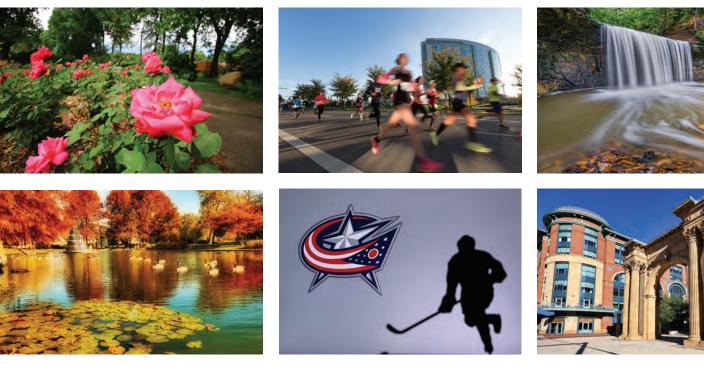
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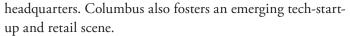
If you are a sports enthusiast, there is no offseason in the Columbus area with a wide variety of events and venues. One of the most open and smart cities in the country, Columbus is diverse and home to one of the largest young professional networks in the country. There are several young professional organizations that regularly hold networking events, social and philanthropic activities.

Continued

WHERE We Live ABOUT COLUMBUS



One of our city's proud achievements is the diversity of its economic base. Columbus is at the heart of the largest concentration of population and economic activity in North America. Government, service, distribution, retail, and manufacturing companies all make Columbus their



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Columbus is centrally located within a day's drive of Atlanta, Chicago, St. Louis, Toronto, New York City, Philadelphia and Washington, D.C.

Visit www.Columbus.gov, www.ExperienceColumbus.com and ColumbusRegion.com to learn more about Columbus.

















Nationwide Children's Hospital has once again been named to U.S. News & World Report's Best Children's Hospitals Honor Roll. The Honor Roll is a top distinction awarded to only 10 children's centers nationwide.



At Nationwide Children's our passion is to intentionally recruit a diverse workforce so that together we can achieve our purpose - to help children everywhere reach their highest potential.



For more information about residency and fellowship programs at Nationwide Children's, visit NationwideChildrens.org/Residency-Fellowship

Residencies Kathy Trace Pediatric Residency Program Coordinator Kathy.Trace@NationwideChildrens.org

Fellowships See the individual programs for contact information: NationwideChildrens.org/for-medical-professionals/education-and-training/fellowship-programs

> Nationwide Children's Hospital 700 Children's Drive | Columbus, OH 43215 NationwideChildrens.org

